

FACILITATOR GUIDE

Making Peace and Beyond

GUILT

FEAR

HOPELESSNESS

ANGER

LONELINESS

BREAK
THROUGH

SHAME

UNLOVEABLE

INADEQUACY

A WORKBOOK for CHANGE

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MAKING PEACE AND BEYOND FACILITATOR GUIDE

Making Peace and Beyond is a 10-part video series with a corresponding workbook designed to be done in a small group. Although materials can be used individually, the richness of healing is best done in community with others. It is primarily a self-study guided by a group facilitator. Please remember that Making Peace and Beyond is NOT group therapy.

If you are considering facilitating or co-facilitating a group, we recommend that you adhere to the following guidelines and instructional materials.

ABOUT BEING A FACILITATOR

Thank you for your interest in facilitating a Making Peace and Beyond group and for your desire to help others grow in Christ! It is a rich and rewarding experience to witness the way Christ can transform our lives.

Some questions to ask yourself about your readiness to facilitate:

- Am I willing to set boundaries when a group member behaves inappropriately?
- Am I willing to allow group members to experience their emotions and reality without criticism, judgment, minimizing, or trying to fix them?
- Do I feel that I must solve every problem?
- Am I afraid of anger or conflict?
- Do I feel that I need to give easy answers?
- Can I accept periods of silence in a group session?
- Am I willing to let group members cry?
- Am I willing to confront group members lovingly when necessary?
- Can I be nonjudgmental about profanity when someone is angry?
- Am I willing to do what I ask group members to do?
- Am I willing to feel my own emotions?
- Am I willing to share my own emotional pain?
- Am I willing to be honest with the group?

We recognize that every facilitator is different with a different style and different gifts to bring to the group. Not one of us is perfect or more than human. Groups are about caring, sharing and growing together. We believe that God brings people together and provides the right leader for each group.

We believe that no matter where we have been, what we have done or what has been done to us, God offers us freedom and a way through experiences that are blocking our path to Him and others. It is important that you as facilitator(s) are comfortable with who you are and transparent with your own story. It is by sharing our experiences, strength and hope that we all grow. As leader, your level of transparency is the biggest determining factor in the level of transparency in the group.

As a facilitator, it is important that you create an atmosphere of acceptance and concern, encouragement, openness and create a feeling of safety. Facilitating involves active listening, facilitating feedback and group interaction, and setting healthy boundaries.

God is the healer! Please remember that you are not there to fix, analyze or instruct group members. Your job is to facilitate, encourage and manage group dynamics and to point group members to Christ. If someone needs additional help, please encourage them to seek individual professional help outside of group. It is helpful to have some referral sources available.

It is important that you take the time to familiarize yourself with the materials and work the workbook prior to each group. If you have a working knowledge of the material, you will be better prepared about when and where to weave in the questions at the right time and place in order to provoke conversation, thought and a better understanding. (Recommendations for important questions will be given in the individual unit section.)

PLEASE REFRAIN FROM SHARING RESOURCES OTHER THAN THOSE IN THE MAKING PEACE VIDEOS, WORKBOOK AND FACILTATORS GUIDE. Your job is to facilitate Making Peace and Beyond, to discuss the material in the workbook, and point people to Jesus and the Bible. These materials can be overwhelming to some folks, and we do not want to overload them-even with good stuff!

Again, we are grateful for your interest and participation and pray that you will experience God's blessing on you and your group as you take this journey.

ABOUT PARTICIPANTS

People join a Making Peace and Beyond group for many reasons. The most commonly expressed reason is to find healing and freedom from a dysfunctional or abusive relationship in their childhood or adult life that is preventing them from knowing an intimate relationship with God or others. Although all participants have not suffered severe difficulties, many of the people entering into the Making Peace and Beyond process have survived the unsurvivable, have been severely wounded and betrayed, and have experienced significant hurt, confusion and disappointment. It is important that we, as leaders, honor the resilience and courage required to dare to hope for healing and a better life. A core belief of Making Peace and Beyond is that through the saving grace of Jesus, all of us can be forgiven, redeemed and restored. We have hope! We do not have to live as victims!

All people coming into a group have similar needs:

- the need to be known, loved and accepted
- the need to belong
- the need to be heard
- the need to be understood
- the need to resolve shame and guilt
- the need for significance and to be valued
- the need to contribute
- the need to gain a sense of control
- the need to feel safe

Common fears that people enter the group with include:

- the fear of rejection
- the fear of betrayal
- the fear of being judged and condemned
- the fear of change
- the fear of being abandoned
- the fear of disappointment
- the fear of failure
- the fear of being wrong or “crazy”

It takes tremendous courage to step into a group of strangers and discuss things that may never have been discussed. It takes great courage to face the painful experiences in our lives and resolve to live beyond them. It takes stamina and perseverance to hold onto hope and to change patterns of living. It takes faith to believe that God is who He says He is and does what He says He can do. The people that we are privileged to walk with are the strongest folks on earth.

FOUNDATIONAL GROUP CONCEPTS

In order to establish and maintain a sense safety and encouragement in a group, it is important to be aware certain foundational group concepts.

PRAYER is an essential and central part of every group. It is God who heals us and not ourselves or each other. Individual and group prayer remains the most important component of a successful group and significant individual growth. Pray before, during and after group. Pray for each other during the week. Pray, pray, pray!!

CONFIDENTIALITY is essential to an atmosphere of safety in the group. One of the primary characteristics of a dysfunctional family/group is that people talk ABOUT each other and not TO each other. Learning to directly address issues with truth and grace is a part of healing. A cardinal rule is that participants not discuss persons who are not present in the group nor discuss group members outside the group. Participants must understand that a breach of confidentiality will likely result in being asked to leave the group.

BOUNDARIES are important in order to assure that all group members have a chance to participate and feel comfortable in sharing their story. Often participants may over-share or respond too often preventing others from being able to participate. If boundaries are not established, other participants begin to close down or leave the group and the overly talkative person will alienate themselves from others by taking “center stage.”

Other members will attempt to fix, instruct, pity or advise other group members. The purpose of the group is to share our OWN experience of strength and hope. Each one is there to focus on themselves. It is in the sharing of our stories that we all grow.

PARTICIPATION is important. Request that participants make every effort to arrive on time for group and participate in each session until the end of the 10 or 11 weeks. Procrastination and “not finishing” are common characteristics of people who have grown up in difficult situations. Withdrawal without notice in the face of some difficult or conflictual issue is a “survival behavior.” We understand that people have life events that may prohibit them from coming at times. As a leader, request that you be contacted if they will not be present for a meeting. Should they decide to leave the group, ask that they participate one more time to say goodbye.

Learning to say goodbye and not “ghosting” others is a growth issue for many. In addition, participants have become bonded and many have previous experiences of being abandoned.

Encourage participants to complete the daily assignments in the workbook in order to be prepared to discuss the unit. If they have not completed the work, ask that they listen but refrain from commenting during that session. It is important to keep the focus on the materials.

In addition, encourage participation from the group members who tend to be more withdrawn or shy. Sometimes people can leave mentally without physically withdrawing. Others believe that their experience or opinions are not important. Everyone needs to be heard. Asking questions directly and affirming contributions are ways of encouraging participation.

RELATIONSHIPS between members of the opposite sex outside of group are strongly discouraged. Many participants have been through difficult relationships and may be emotionally vulnerable. Many group members are married and seeking to strengthen their marital relationship. Opposite sex relationships, no matter how innocently they may seem, can present a distraction and barrier to growth to one or both parties.

ADDRESSING AND RESOLVING CONFLICT is necessary. Another characteristic of having lived in dysfunctional relationships is the “No Talk Rule.” Avoidance of tension and conflict is a part of survival. The “no talk rule” applies to something that everyone knows, hears, or sees but no one talks about it. The result is a lingering tension and growing distance between group members involved. All healing happens in truth-no matter how frightening or difficult that truth is. Remember - God is truth; He cannot enter into or heal a lie. Addressing conflict with truth and grace is powerful. God loves us and designed us to love each other. Whether to address the conflict privately with those in conflict or in the group as a whole depends on the nature of the conflict. (Asking for outside help in difficult situations is advisable.)

HOW TO USE THE MATERIALS

THE VIDEOS

There are 10 videos in this series. Each video begins with a short summary introduction by Jamie about the material contained in the segment. Most of the videos are between 30 and 35 minutes in length. Each video can be viewed either as part of a course or as an individual lesson.

Most facilitators have used the videos to conduct an 11-week class in a church or small group setting. (There is an introductory video (week one) and a summary session (week 11). Some facilitators have used the videos during a weekend retreat in conjunction with discussion. Still others have rented one or more videos for specific content or for review, or have used them with their family to grow together.

THE WORKBOOK

The workbook is divided into 9 weekly Units. Each Unit has 5 daily lessons to complete. Lessons will take 15 to 30 minutes per day. It is recommended that participants do lessons thoughtfully on a daily basis and not procrastinate until the last minute. Each Unit corresponds to and expounds on the information presented in the corresponding video. The workbook offers additional information, scripture, and examples to enhance a more in depth understanding of the material. Questions are designed to facilitate personal application and lead to a deeper understanding of personal issues. The workbook offers tools for healing and recovery.

At the end of each day in the workbook you will find an affirmation that is repeated throughout the week. Participants are encouraged to repeat the affirmation several times daily. We include a description of the affirmation emphasizing each word (developed by Kim Griffiths), which may be helpful to emphasize the truth and meaning of God' word.

RECOMMENDED STRUCTURE FOR WEEKLY CLASS USE:

- Class size: 15-20 (Maximum)
- Duration: 10 or 11 weekly sessions (you may want to expand the first assignment to 2 weeks)
- Time per session: one and a half to two hours (no more than two hours)
- Class set up: round tables of 4-5 seats at each.
- Materials:
 - A computer with internet/WiFi connection
 - Internet/WiFi connection
 - Larger screen for visibility
 - It is very helpful to have boxes of Kleenex available.
- It is wise to have a male and female facilitator if the class is mixed.
- Please begin and end each group with prayer.
- Beginning the third week (the session reviewing Unit #1), please review and emphasize the affirmation for the week.
- Since you will not have time to review all of the questions, there are suggested ones for review each week.
- The introductory week * introduces the program, presents the covenant and introduces Jamie's story.
 - Beginning the second week, the video (#1) corresponding to the following week in the workbook (Unit #1) is shown during the last 30-40 minutes of the class. Participants then complete the unit for that video and come to group the following week prepared to discuss the unit. For example, video #1 "Unit 1 - God's Divine Design" is shown prior to working Unit #1 in the workbook.
- It's wise to create an evaluation (see sample at end of this guide)

** Some groups choose to divide the introductory material over two weeks instead of covering it all in the first week.*

WEEK #1

INTRODUCTION TO MAKING PEACE AND BEYOND

Show “Introduction” video (36:39 minutes)

(Allow 40 minutes to show video.)

After a brief introduction and welcome, show the Introduction video. This video begins with a welcome and a review of the group guidelines by Jamie. (Participants will be asked to sign a group covenant after the video.) Participants will then participate in a communications activity designed to facilitate openness and bonding. (The video will ask you to pause periodically for them to participate in the exercise.) At the end of the activity Jamie will share on video her story of redemption.

Open with prayer

Welcome participants and Show “Introduction” video (36:39 minutes)

When the video ends, it is time for the facilitators to share their story. Please remember that your level of openness and vulnerability will set the stage for level of participant sharing and openness.

After sharing, hand out the workbooks and ask participants to review and sign the group covenant. Stress the confidentiality covenant. Ask if there are questions, comments or concerns.

Homework: Participants are asked to write a brief summary of their story to share at group next week. Ask them to include some information about their childhood, family of origin and their teen and adult years. It is also helpful to include their current situation and their motivation for coming to the group. ***(Especially in larger groups it may be helpful to add an extra introductory week, allowing ample time for sharing.)***

Pray for the group and ask them to pray during the week for each other.

WEEK #2

Review Participant life stories

Show Video “Unit 1 – God’s Divine Design” (36:15 minutes) at the end

(Allow 40 minutes at the end of the group to show video.)

Open with prayer

Sharing time. During the first portion of this group participants are asked to share the summary of their life story. Depending upon the size of the group, you may ask them to share with the whole group (preferable) or to share just at their table. It is better to give this portion of the group priority and make sure that everyone has ample time to share even if it means possibly adding a week to the course. A lot of the tone and openness of the group is established here.

Show Video “Unit 1 – God’s Divine Design”

Ask participants to complete Unit #1 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer

WEEK #3

Review Unit #1 “God’s Divine Design” workbook

Show Video “Unit 2 - Family Issues and Impact” (37 minutes)

(Allow 40 minutes at the end of the group to show video.)

Open with prayer.

Review the affirmation for Unit #1: “I am made in the image of God.”

I= me, myself, not others

AM= present tense, not was or will be, but a, right now, in my present state

MADE= created, molded, and shaped with great care by the Potter’s hands

IN= inclusion, in vs out, one is on the inside

THE IMAGE= likeness, reflection of, representative of

GOD= the Almighty, the creator of heaven and earth

Review Questions Unit #1 “God’s Divine Design”:

1. Were there significant people in your life who gave you negative or critical messages about who you are? Who were they and what did they say about you?
2. Describe an experience in your life when you did something or received something that you thought would make you happy but it made you unhappy instead.
3. What do you fear might happen if others saw you as you really are?
4. Do you identify with any of the signs of a shame-based identity listed above? If so, which ones?
5. How does blaming someone else for your behavior make you dependent on them?

You may also want to ask the group if there are any of the questions that they would like to discuss or have clarified.

Show the video “Unit 2 - Family Issues and Impact”

Ask participants to complete Unit #2 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer.

WEEK #4

Review Unit #2 “Family Issues and Impact”

Show Video “Unit 3 - The Truth of Being Human” (35 minutes)

(Allow 40 minutes at the end of the session to show the Unit #3 video)

Open with Prayer

Review the affirmation for Unit #2: “I am a beloved child of God”

I= me, myself, not others

AM= present tense, not was or will be, am right now, in my present state

A BELOVED= adored, cherished, prized, much loved, precious

CHILD= a son or daughter

OF= belonging to, relating to or connected with

God= Abba, our Father, our good and perfect daddy who loves us with an overwhelming love

Review Questions Unit #2 “Family Issues and Impact”:

1. What does it mean to be independently mature enough to be maturely dependent?
2. How do you think that your painful memories effect your spiritual or relational life today?
3. What happened in your family when you violated “family authorized truth? Who was the keeper of the truth in your family of origin?
4. In which relationships do you still tend to speak the “language of survival?”
5. Who in your life has offered you the “language of love?”
6. What is your biggest barrier to surrendering your life to God?

Show the video “Unit 3 – The Truth of Being Human”.

Ask participants to complete Unit #3 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer.

WEEK #5

Review Unit #3 “The Truth of Being Human”

Show Video “Unit 4 - The ‘Me’ I Create” (35 minutes)

(Remember to allow 40 minutes to show the video at the end of the session)

Open in Prayer

Review the affirmation for Unit #3: “God is in Control”

GOD= the all-knowing, all-seeing, always present, all-powerful Creator of the Universe

IS= exists, present tense, right now, not was or will be

IN= being enclosed or surrounded by something, present in a place

CONTROL= in charge, having the power to influence people’s behavior or the course of events having power

Review Questions Unit #3 “The Truth of Being Human”:

1. How have major losses in your life affected your image and God and His love for you?
2. Is it difficult for you to set boundaries or say ‘no’ to others? What are you afraid might happen if you set boundaries?
3. Has worry prevented you from taking steps that you may need to take in your present life?
4. What might happen if you let others know that you are needy or if you let others meet your needs.
5. Which emotions are the most difficult for you to manage?
6. Describe a situation in which you chose to follow your own will knowing that you were choosing to act outside of God’s will for you.

Show Video “Unit 4 - The Me I Create”.

Ask participants to complete Unit #4 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer.

WEEK #6

Review Unit #4 “The Me I Create”

Show Video “Unit 5 - Relationships” (39 minutes)

(allow 40 minutes to show the video at the end of the session)

Open with Prayer

Review the affirmation for Unit #4 “God created my inmost being. He knows me completely.”

GOD=the Creator, the source of all love and truth, He makes no mistakes

CREATED=made with His own hands, bringing something into existence, produced us in His image

MY=me, mine, no one else

INMOST=intimate, private, personal, secret, deepest within

BEING=existence, life, self, soul, spirit, nature

HE=God, The all-knowing Creator of the universe

KNOWS=understands, to recognize the nature of, to be aware of the truth or factuality of; also, to have developed a relationship with someone through spending time with them

ME=Insert your name here_____

COMPLETELY= totally, utterly, wholly, thoroughly, perfectly, lacking nothing

Review Questions Unit #4 “The Me I Create”:

1. Does your shame ever make you try to hide or isolate from God or others?
2. How do you respond when you become anxious or afraid? What do you do at those times to feel safe?
3. What false outer appearance do you tend to hide behind? What makes you feel important or successful?
4. Do you have any behaviors that might be addictive or compulsive?
5. Which of the survival masks do you identify with the most?

Show video “Unit 5 - Relationships”

Ask participants to complete Unit #5 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer.

WEEK #7

Review Unit #5 “Relationships”

Show Video “Unit 6 - Idolatries of the Self” (33 minutes)

(Allow 35 minutes at the end of the session to show the video)

Open in Prayer

Review the affirmation for Unit #5 “In Christ’s love it is okay to be myself”

IN=indicates inclusion, in vs. out, one who is on the inside

Christ’s= God’s son, the Savior, Messiah, Prince of Peace, our advocate, our Redeemer, Wonderful counselor

LOVE=(Godly definition) sacrifice, unconditional affection, not based on the feelings, emotions, or actions of another, God’s essence, trustworthy, unending

IT IS OKAY= acceptable, approved, authorized

TO BE=to equal in meaning, to have identity with, to belong to existence in reality or actuality

MYSELF=I or me personally, me as an image-bearer of God, the “me” God created me to be, true to the self that God created

Review Questions Unit #5 “Relationships”:

1. Have you ever or are you now involved in a “romantic co-illusion?”
2. Do you tend to personalize the actions of others?
3. What is the difference between being victimized and living as a victim?
4. Describe a time when you have been on the Karpman Triangle and your behavior in each of the three positions
5. What do you need to accept about yourself or someone you love that would allow you to move off of the triangle?
6. What is and what isn’t forgiveness?

Show video “Unit 6 - Idolatries of the Self”

Ask participants to complete Unit #6 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer.

WEEK #8

Review Unit #6 “Idolatries of the Self”

Show Video “Unit 7 - Surrendering to God” (18 minutes)

(Allow 20 minutes at the end of the session to show the video)

*(*Please note that the physical and relational portions of the video have been combined on the ‘donut’ visuals for this Unit.)*

Review the affirmation for Unit #6 “In Christ I am complete”

IN= walking in, dwelling in, abiding, hiding, resting

CHRIST= my Redeemer, my Savior, my Comforter, my Healer

I= me (Name)_____, doesn’t just apply to others else

AM= present tense, not was or will be but am now

COMPLETE= whole, healed, healthy, finished

Review Questions Unit #6 “Idolatries of the Self”:

1. Who or what is your main source of identity, security, value, meaning and purpose? Who/what do you turn to in a crisis?
2. What relationships in your life do you give the power to determine who you are?
3. Do you believe that you are more defined by ‘who you are’ or by ‘what you do’?
4. What experiences that brought pain in your life can you now see as significant opportunities for learning and growth?
5. What differences do you see in people who have religion vs. a relationship with Christ?
6. In which of the five elements of spiritual growth do you feel strong and in which do you feel weak?

Show Video “Unit 7 - Surrendering to God”

Ask participants to complete Unit #7 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer.

WEEK #9

Review Unit #7 “Surrendering to God”

Show Video #8 “Conflict Resolution” (37 minutes)

(Allow 40 minutes at the end of the session to show the video)

(Participants will be asked to participate in an exercise during the video of looking at each other through the eyes of Jesus. Please pause the video prior to the exercise and ask that they find a partner and place their chairs faced to face with their knees almost touching. They should then one to be “A” person and a “one to be B”. Then resume the exercise)

Open in Prayer

Review the affirmation for Unit #7 “In all circumstances, I trust God is working for my good.”

IN=present reality, here and now, not in fantasy

ALL=God is everywhere, in everything, nothing is too great or small

CIRCUMSTANCES=experiences, happenings, events

I= me, myself, no matter what others think

TRUST=Guaranteed reliance on the character, ability, strength or truth of someone or something, faith, surrender control

God= not myself, my spouse, my boss, my family or friends, I can trust that God works ALL things for my good

IS= is present in the present

WORKING=actively and always involved and implementing, unfolding His plan and purpose for me

FOR= the recipient of, doing it for me

MY= me, personal

GOOD= not evil, not punishment, for my benefit and well-being

Review Questions Unit #7 “Surrendering To God”:

1. How would you define the word ‘surrender’? Does the word stir up positive or negative feelings for you?
2. What is one truth that you have learned from God’s word that has helped you take the risk of giving up survival behaviors.
3. When you think of yourself as the beloved child of God, what thoughts come up in your mind?

4. Do you believe that the way you currently live your life is a witness that will attract others to Christ? Why or why not?
5. What do you need to leave behind in order to recover the essential self that God created?
6. What did you discover about your time management from the 'willing to /not willing to' exercise?
7. What is a 'God- giggle' moment that you remember?

Show Video "Unit 8 - Conflict Resolution"

(Participants will be asked to participate in an exercise during the video of looking at each other through the eyes of Jesus. Please pause the video prior to the exercise and ask that they find a partner and place their chairs faced to face with their knees almost touching. They should then one to be "A" person and a "one to be B". Then resume the exercise)

Ask participants to complete Unit #8 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer.

WEEK #10

Review Unit #8 “Conflict Resolution”

Show Video #9 “Moving Beyond” (18 minutes)

(Allow 20 minutes at the end of the session to show the video.)

(Participants will be asked to participate in an exercise during this video. The exercise is about going with Jesus into the past and reclaiming the child that He created. Ask participants to find a comfortable spot and follow the instructions on the video. You may want to process a bit after the exercise.)

Open in Prayer

Review the affirmation for Unit #8

“I can forgive others because God has forgiven me.”

I= me, myself, taking ownership

CAN= am able to, capable of

FORGIVE= pardon, cancel the debt, stop feeling angry or resentful toward someone for an offense, flaw, or mistake

OTHERS= everyone else

BECAUSE= in view of the fact, since, the reason why,

GOD= the Almighty, Ruler, the judge, the king of kings

HAS= past tense, already happened, already done

FORGIVEN= cancelled the debt, granted a pardon, absolved

ME= myself, a sinner, equally flawed creature

Review Questions Unit #8 “Conflict Resolution”:

1. How do you react when someone disagrees with you, questions your beliefs, or discounts your opinions?
2. What is the difference between responding and reacting?
3. Which of the communication stumbling blocks tends to trip you?
4. Can you identify a time when ‘all or nothing’ thinking interfered with your ability to resolve a conflict?
5. What are some words that tend to trigger anger in you?
6. What are some behaviors that you have difficulty tolerating up close?

Show Video "Unit 9 - Moving Beyond"

(Participants will be asked to participate in an exercise during this video. The exercise is about going with Jesus into the past and reclaiming the child that He created. Ask participants to find a comfortable spot and follow the instructions on the video. You may want to process a bit after the exercise.)

Ask participants to complete Unit #9 in the workbook prior to the next meeting.

Check in with the group for any concerns or prayer requests.

End the group with prayer.

WEEK #11

Review Unit #9 “Moving Beyond” Complete Evaluations

Open with Prayer

Review the affirmation for Unit #9

“I claim the victory and joy of being God’s beloved child”

I= me, God loves me

CLAIM= requires action on my part, to act to receive

THE VICTORY= triumph, win, defeat the enemy, conquer

OF BEING=existence, embodiment of

GOD’S= father, Abba, daddy

BELOVED= adored, cherished, treasured, precious, prized, esteemed

CHILD= descendent, heir, offspring

Review Questions Unit #9 “Moving Beyond”:

1. How have you sabotaged your relationships or success in the past?
2. What is your internal response when someone tells you that you are a beloved child of God?
3. What symptoms of pride have you identified in yourself?
4. What does the sentence “You should live a life a of humble gratitude” mean to you?
5. What are the gifts that God gave you to bring to others?
6. Read your legacy statement if you are willing.

Ending the group:

- Ask people to share what the group has meant to them
- Ask participants to continue to pray for each other
- Remind participants that they may review any of the sessions by renting from Vimeo: Making Peace and Beyond
- Thank each one for sharing their story and for their contributions to the group

Circle up in prayer and ask each one to pray (always allow anyone to pass if they do not wish to pray).

Complete Evaluations

SAMPLE EVALUATION:

Making Peace and Beyond Small Group Evaluation Form

Date of Retreat Attended: _____

Small Group Facilitators: _____

How would you rate the Making Peace follow-up small group?	Very poor 1	2	3	4	Outstanding 5
Did you feel the facilitator was able to manage the group in a way that your needs were met?	1	2	3	4	5
How would you rate the handling of issues or problems in the group?	1	2	3	4	5
Did you complete the small group and workbook?	None	1/3	2/3	All	(circle one)
Did the facilitator keep the focus on the workbook?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<div style="border: 1px solid black; padding: 5px;">Other comments:</div>		
Did you have enough weeks to finish the book?	<input type="checkbox"/> Yes	<input type="checkbox"/> No			
Did the small group/workbook impact your understanding/healing?	<input type="checkbox"/> Yes	<input type="checkbox"/> No			
Name (optional): _____					

Thanks for your input! All information is kept confidential. Please place in envelope or send to